**Vicars Cross Community Centre – What’s On!**

**Thackeray Drive, Vicars Cross, Chester CH3 5LP**

**Tel: 01244 342268 Email: vxcc@greatboughtonparishcouncil.org.uk**

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| **MONDAY** | |
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| **9.30am – 10.30am Aerobics/Keep Fit – Traditional Style (Ali Fitness)** | |
| **1.00pm – 2.00pm 50+ Fitness (weights provided)** | |
| **6.00pm – 7.00pm Dog Training** | |
| **7.15pm – 9.45pm Choir Group (SingMe Merseyside)** | |
| **TUESDAY** | |
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| **9.00am – 10.00am Fitness Pilates (Beginner/Intermediate)** | |
| **10.00am – 11.30am Toddler Group (TERM TIME)** | |
| **12.00pm – 3.00pm NEW Snow Angels Lunch Clubs** | |
| **6.00pm – 7.00pm Karate** | |
| **7.00pm – 8.00pm Rabble (Exercise on the external sports pitch)** | |
| **WEDNESDAY** | |
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| **9.30am – 11.30am Childminder Group (TERM TIME)** | |
| **1.15pm – 2.15pm NEW Popcats – Music & Movement 0-5yrs** | |
| **5.45pm – 6.45pm Dog Training** | |
| **THURSDAY** | |
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| **9.30am – 10.30am Aerobics/Keep Fit – Traditional Style (Ali Fitness)** | |
| **11.30am – 12.30pm Dance and Movement (50+ years)** | |
| **6.00pm – 8.00pm Chester Tri Club (October onwards)** | |
| **7.00pm – 8.00pm Rabble (Exercise on the external sports pitch)** | |
| **FRIDAY** | |
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| **9.30am – 10.30am Aerobics/Keep Fit – Traditional Style (Ali Fitness)** | |
| **11.15am ­– 1.30pm *(Fortnightly private meeting hire)*** | |
| **1.00pm – 3.00pm Lunch Club -monthly** | |
| **6.30pm – 7.30pm Karate (Suitable for age 6+ / all abilities)** | |
| **SATURDAY** | **SUNDAY** |
|  |  |
| **9.00am – 12.15pm Baby Ballet (9 Mths. to 5 Yrs)** | **10.00am – 1.00pm Diddikicks Football (18 Mths. to 5 Yrs)** |
|  | **2.00pm – 4.00pm Dog Training Session** |

**WELCOME BACK!!!**

**Most sessions listed have restarted but please contact session provider / Centre Manager to check. Some sessions now require prebooking, please check before attending a session.**

**3-5.30pm weekday**

**TIME SLOTS AVAILABLE TO HIRE!!**

**These will be given on a first come, first served basis.**

***(Hire does not need to be for this whole slot)***