**Vicars Cross Community Centre**

**What’s ON!**

**July**

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| **MONDAY**  |
| 9.30am – 10.30am Aerobics / Keep Fit Ali 07882326920 |
| 1.30pm – 2.30pm Retro Fit sociable fitness 60yrs+ Emma 07966874821 |
| 5.45pm – 6.30pm Dog Training (Outside) Kerry 07729946990 |
| 6pm – 7pm Boxercise Jason 07976467960 |
| 7.15pm – 9.45pm SingMe Merseyside Choir Billy 07710024020 |
| **TUESDAY** |
| 10.00am – 11.15am Baby & Toddler Group (Term time) All welcome Claire at VXCC 07593425399 |
| 6.00pm – 7.00pm Karate Keith 07710596933 |
| 7.30pm – 8.30pm Yoga and relaxation Sue 07821305570 |
| **WEDNESDAY** |
| 9.30am – 11.30am Childminder Group (Term time for reg. Childminders ) contact Debbie 07887637229  |
| 5.45pm – 6.30pm Dog Training (Outside) Kerry 07729946990 |
| 6.15pm – 7pm Fusion Pilates Laura fitnessfusion1@outlook.com |
| 7.15pm – 8.15pm Kettlebell Class Daniella 07398886914 |
| **THURSDAY** |
| 9.30am – 10.30am Aerobics/ Keep Fit Ali 07882326920 |
| 11.30am- 12.30pm Dance and Movement (50+ years) 01606 861770 |
| 6.15pm - 7.00pm Fitness Fusion Barre Laura fitnessfusion1@outlook.com  |
| **FRIDAY** |
| 9.30am – 10.30am Aerobics / Keep Fit Ali 07882326920 |
| 6.00pm – 8.00pm Karate Keith 07710596933 |
| **SATURDAY** |
| 9.00am- 12.00pm Baby Ballet cheshireeast@babyballet.co.uk |
| **12.15pm onwards- Available for private hire** |
| **SUNDAY** |
| 9.00am – 1.00pm Diddikicks www.diddikicks.co.uk |
| 2.00pm – 2.45pm Dog Training (Outside) Kerry 07729946990 |
| **1.15pm onwards – Available for private hire** |

**Thackeray Drive, Vicars Cross, Chester CH3 5LP**

**Tel: 07593 425399**

**vxcc@greatboughtonparishcouncil.org.uk**

**www.vxcc.org.uk**

**NEXT COMMUNITY CINEMA Events**

**FOR THE OVER 50s**

**Tues 25th July**

**The Unlikely Pilgrimage of Harold Fry**

**Doors Open 1.15pm**

 **Film 2pm**

**£5 inc. a light buffet**

 **Call to reserve your ticket to avoid disappointment.**

***Companionship Café***

 ***Next event , 9th August, 13th Sept.***

***Tel ; 01244 851744***